



# Quantitative Proteomic Analysis Provides Insight into the Therapeutic Mechanism of Horse Oil Percutaneous Permeation Treatment in a Rat Ankylosis Model

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## Abstract

**Background:** The traditional medicine using Horse Oil Percutaneous Permeation (HOPP) has been recommended for the treatment of ankylosis. In this study, using a quantitative proteomics approach, we investigated the therapeutic mechanism of HOPP in a rat ankylosis model.

**Methods:** Sixty Sprague-Dawley (SD) rats with ankle joint ankylosis were randomized to a treatment group that received HOPP (n=30) or a control group (n=30). Synovial tissue samples from the ankle joint were collected at 7, 14, and 21 days in each group. Protein levels were assessed using isobaric Tags for Relative and Absolute Quantitation (iTRAQ). Differentially expressed proteins subjected to bioinformatics analysis.

**Results:** Among 1,729 proteins identified in synovial tissue samples, 200 proteins were differentially expressed across three time points between the HOPP treatment and control groups. Further analysis revealed that the differentially expressed proteins are involved in energy metabolism, calcium metabolism, myosin proteins, and mitogen-activated protein kinase signaling, and thus, these may represent the major mechanisms of the therapeutic effects of HOPP.

**Conclusion:** The results provide mechanistic insight into the improved joint function achieved with HOPP treatment, and thus, could be useful in the development of improved clinical treatments for ankylosis.

**Keywords:** Ankylosis; Arthrofibrosis; Traditional medicine; horse oil; iTRAQ; Proteomics; Therapeutic mechanism

## Abbreviations

HOPP: Horse Oil Percutaneous Permeation; ROM: Functional Range of Motion; SD: Sprague-Dawley; PBS: Phosphate-Buffered Saline; PMSF: Phenylmethylsulfonyl Fluoride; DTT: Dithiothreitol; TFA: Trifluoroacetic Acid; SCX: Strong Cation Exchange; iTRAQ: Isobaric Tags for Relative and Absolute Quantification; IPA: Ingenuity Pathway Analysis; MATLAB: Matrix and Laboratory; HESI: Heated Electrospray Ionization Source; ILK: Integrin Linked Kinase; GDI: Guanine Nucleotide Dissociation Inhibitor; MMPs: Matrix Metalloproteinases; HMMR: Hyaluronan-Mediated Motility Receptor; CSNK1G2: Casein kinase I isoform Gamma-2; PELO: Pelota (Drosophila) homolog; MAPK: The Mitogen-Activated Protein Kinase

## Introduction

Ankylosis, or arthrofibrosis, is defined as joint pain and stiffness that prohibits functional

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Range of Motion (ROM) due to adhesions or contracture of the joint. Trauma and surgery are the most common etiological factors [1]. Arthrofibrosis is often caused by connective tissue proliferation, and the key pathological signs of arthrofibrosis are fibroblast proliferation along with collagen protein overexpression and aggregation, which lead to pain, swelling, stiffness, and the inability of the joint to move freely. Furthermore, mastocytes are also often observed in arthrofibrosis area. Growth factors and proteases secreted by mastocytes further contribute to fibroblast proliferation in the presence of calcium.

Arthrofibrosis is a common complication in orthopedics, with an incidence of up to 27%, and thus, a major cause of disability. Current therapies for arthrofibrosis have failed to achieve satisfactory results, particularly in the ankle joint [2-6]. There are many causes of ankle stiffness, among them: Achilles tendon rupture after fixation, can lead to ankle stiffness [7-9]. Treatment of tendon adhesions in arthrofibrosis is very difficult, and common approaches include herbal fumigation therapy combined with manipulation to release the adhesion as well as open operative methods [10].

Traditional Chinese medicine (Harbin Medical) treatment methods have amazing therapeutic effects on joint fibrosis or tendon adhesion [11-16]. Horse ointment or horse oil originated in China and has a history of over 4,000 years. The fatty acid content in horse oil is similar to that of human skin fat, so it can penetrate into the skin surface. Horse oil mainly contains some unsaturated acid groups, which have anti-inflammatory, antioxidant and scar-reducing effects [17-19]. Horse Oil Percutaneous Permeation (HOPP) is particularly recommended in traditional medicine as the best treatment for ankylosis [11-16,20]. HOPP shows amazing therapeutic effects on arthrofibrosis and tendon adhesions [10,16]. Our previous experience in clinical and laboratory experiments showed that application of HOPP can improve the ROM of the ankle joint in Sprague-Dawley (SD) model rats and facilitate joint reduction of chronic elbow or shoulder dislocation in humans [11,14-16].

In this study, we collected the synovial tissue from the ankle joint of the ankylosing SD rat model treated with HOPP and conducted proteome analysis in comparison with the ankylosing SD rat model. Quantitative proteomics methods were applied to find out the differential proteins between the groups. Informatics analysis was then performed to identify the functions of the differentially expressed proteins. The ultimate purpose of this study was to seek to elucidate the molecular therapeutic mechanisms of the HOPP in the SD rat ankylosis model and to identify the possible protein biomarkers of ankylosis healing.

## Materials and Methods

### Prepare of horse oil and surgical procedures

All protocols involving animals were approved by the Animal Ethics Committee of The First Teaching Hospital of Xinjiang Medical University (No: A-20180114012). All applicable international, national, and/or institutional guidelines for the care and use of animals were followed.

Horse oil was collected from a sacrificed 1-year-old horse (Yili, Xinjiang, China). The fat of the omentum was separated into many small pieces and snap freezes immediately before refinement by a carbon dioxide extraction method [21-25].

Using a table of random numbers, a total of 60 SD rats of the

same age (8 weeks) and weight range ( $230 \pm 20$  g) were randomized to a HOPP-treated group ( $n=30$ ) or a control group ( $n=30$ ). The rats were anaesthetized by intraperitoneal injection of 10% lidocaine hydrochloride (5 ml/rat), and then tibia and fibula fractures were created closely in each rat using a bone breaking device [16]. After 5 days when the swelling was reduced, cast immobilization was applied with flexion of the knee joint at  $75^\circ$  and plantar flexion of the ankle joint at  $0^\circ$  for 7 weeks. After removal of the cast, 3 g of oil was applied on the outside of the rigid ankle joints of rats in the treatment group and secured by wrapping to prevent oil oxidation. The oil sheets (a piece of cotton) were replaced six times per day [15,16]. All rats were allowed free access to food and water, and rats in either group were excluded from the study if death, loosening of the plaster cast, or infection occurred [26,27].

### Sample preparation, protein extraction, trypsin digestion, and isobaric tags for relative and absolute quantification (iTRAQ) labeling

At 7, 14, and 21 days after the initiation of HOPP treatment, rats in the two groups were sacrificed and  $0.2 \text{ cm} \times 0.2 \text{ cm} \times 0.2 \text{ cm}$  samples of synovial tissue were resected from the ankle joint under a surgical microscope (M525 F40 Leica, Germany). The samples were rinsed thoroughly three times with ice-cold Phosphate-Buffered Saline (PBS) to remove the blood [21-30]. After grinding in liquid nitrogen, samples were lysed with lysis buffer (7 M urea, 2 M sulfourea, 0.1% Phenylmethylsulfonyl Fluoride (PMSF), 65 mM Dithiothreitol (DTT)) for 30 min on ice according with a sample weight to lysis buffer volume ratio of 5:1 (w:v). Samples were then centrifuged at 20,000 g and  $4^\circ\text{C}$ , and the supernatant was saved for measurement of protein content. For trypsin digestion, 100  $\mu\text{g}$  of crude proteins from each sample was reduced with 25 mmol/L  $\text{NH}_4\text{HCO}_3$  containing 10 mmol/L DTT (Promega, USA) for 60 min at  $60^\circ\text{C}$ . Then a cystine blocking reagent was added to the samples for 10 min at room temperature. Afterwards, pre-cooled acetone was added to each tube at a sample to acetone ratio of 1:5 (v:v) for precipitation of the protein at  $-20^\circ\text{C}$  for 60 min. Protein precipitates were collected by centrifugation at 20,000 g and  $4^\circ\text{C}$  for 20 min and then dissolved in 20  $\mu\text{L}$  dissolution buffer. Trypsin was added to the samples according to a trypsin to protein ratio of 1:20 (w:w). After digestion overnight at  $37^\circ\text{C}$ , iTRAQ<sup>®</sup> labeling reagents (ABI, USA) dissolved in 70  $\mu\text{L}$  of ethanol were added to each sample (HOPP-7d, iTRAQ<sup>®</sup> 113; HOPP-14d, iTRAQ<sup>®</sup> 114; HOPP-21d, iTRAQ<sup>®</sup> 115; control-7d, iTRAQ<sup>®</sup> 116; control-14d, iTRAQ<sup>®</sup> 117; and control-21d, iTRAQ<sup>®</sup> 118) for reaction for 2 h at room temperature. After labeling, the peptides were reconstituted in 0.1% Trifluoroacetic Acid (TFA), desalted with a Sep-Pak C18 column (Waters Corp., Milford, Massachusetts, USA), and then dried under vacuum before separation using two-dimensional liquid chromatography as described below.

### Two-dimensional liquid phase chromatographic fractionation and tandem mass spectrometry analysis

The dried eluates were dissolved in Strong Cation Exchange (SCX) solvent A (10 mM  $\text{KH}_2\text{PO}_4$ , 25% acetonitrile, pH 2.6) and fractionated in a Shimadzu HPLC system LC20-AD using a polysulfoethyl column ( $2.1 \text{ mm} \times 100 \text{ mm}$ , 5  $\mu\text{m}$ , 200  $\text{\AA}$ ; PolyLC, USA). The peptides were eluted at a flow rate of 200  $\mu\text{L}/\text{min}$  with a linear gradient of 5% to 25% solvent B (10 mM  $\text{KH}_2\text{PO}_4$ , 350 mM KCl, 25% acetonitrile, pH 2.6) over 60 min. The absorbance at 214 nm/280 nm was monitored. Twenty fractions were collected based on peak intensities and then dried under vacuum. Each SCX fraction was dissolved in 50  $\mu\text{L}$  solvent A (5% acetonitrile, 0.1% acetic acid) and further separated in

the Shimadzu HPLC system LC20-AD using a ZORBAX 300SB-C18 column (5  $\mu$ m, 300  $\text{\AA}$ , 0.1 mm  $\times$  15 mm; Agilent, USA) a flow rate of 60  $\mu$ L/min. Peptides were eluted at a flow rate of 300 nL/min with a linear gradient of 5% to 35% solvent B (95% acetonitrile, 0.1% acetic acid) over 90 min.

For mass spectrometry analysis, a Q-Exactive Mass Spectrometer (Thermo Scientific, USA) was operated in positive ion mode with the Heated Electrospray Ionization Source II (HESI II). The HESI II conditions were: Spray voltage, 3800 V; sheath gas pressure ( $\text{N}_2$ ), 35 arb; and capillary temperature, 320°C. Mass spectra were analyzed with Xcalibur software.

### Protein identification and data analysis

The MS/MS data from the iTRAQ experiments were retrieved using Protein Discovery software (Thermo Scientific, USA) with search parameters as follows: SwissProt\_Rat database, trypsin digestion, cysteine alkylation, and iTRAQ peptide labeling. The final fold change was determined relative to the corresponding controls from all replicates. A 2-fold increase or 0.5-fold decrease in the expression of identified proteins was considered significant differential expression. Statistical analysis of these data was performed with EXCEL (Microsoft, USA) and Matrix and Laboratory (MATLAB) software (MathWorks, USA). Ingenuity Pathway Analysis (IPA; <http://analysis.ingenuity.com>) was performed to identify the signaling pathways, protein-protein network, and target genes associated with the differentially expressed proteins.

## Results

### Total proteome of rat synovial tissue

Overall, 1,729 proteins were identified in the rat synovial tissue. Gene ontology analysis was performed to annotate the function of the identified proteins (<http://geneontology.org/>), and all identified proteins were assigned to functional categories according to biological processes (Table 1). The 10 most-represented categories were translational elongation, generation of precursor metabolites and energy, cellular carbohydrate catabolic process, glucose catabolic process, establishment of protein localization, protein transport, carbohydrate catabolic process, alcohol catabolic process, hexose catabolic process, and monosaccharide catabolic process. In addition, the identified proteins were assigned to functional categories according to cellular component (Table 2), and the 10 most-represented components were cytosol, cytosolic part, mitochondrion, mitochondrial part, soluble fraction, non-membrane-bound organelle, intracellular non-membrane-bound organelle, cytoskeleton, pigment granule, and melanosome.

### Cluster analysis and functional annotation of proteins differentially expressed after HOPP treatment

Compared with that from the control group, synovial tissue collected from the HOPP treatment group differentially expressed 291 proteins (74 upregulated and 217 downregulated) at 7 days from the start of treatment, 238 proteins (91 upregulated and 147 downregulated) at 14 days, and 72 proteins (37 upregulated and 35 downregulated) at 21 days (Figure 1). These results revealed that the number of differentially expressed proteins gradually decreased as the time course of HOPP treatment increased (Figure 1).

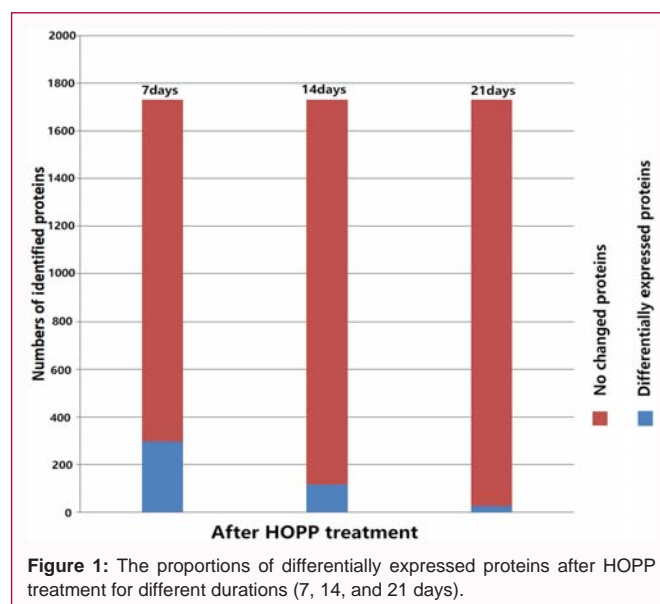
Cluster analysis using the K-means analysis method was performed for the proteins differentially expressed after HOPP treatment. The proteins formed 25 clusters (Figure 2), which could

**Table 1:** Biological processes of proteins identified as differentially expressed in synovial tissue from a rat model of ankylosis (TOP 10).

Biological process	P value	Pop Hits
Translational Elongation	2.29E-38	95
Generation of Precursor Metabolites and Energy	1.04E-27	238
Cellular Carbohydrate Catabolic Process	6.12E-20	72
Glucose Catabolic Process	1.99E-17	57
Establishment of Protein Localization	2.37E-17	554
Protein Transport	2.80E-17	549
Carbohydrate Catabolic Process	3.75E-17	98
Alcohol Catabolic Process	4.76E-17	72
Hexose Catabolic Process	8.29E-17	59
Monosaccharide Catabolic Process	8.29E-17	59

**Table 2:** Cellular components occupied by proteins differentially expressed in synovial tissue of rats with ankylosis after treatment with HOPP (TOP 10).

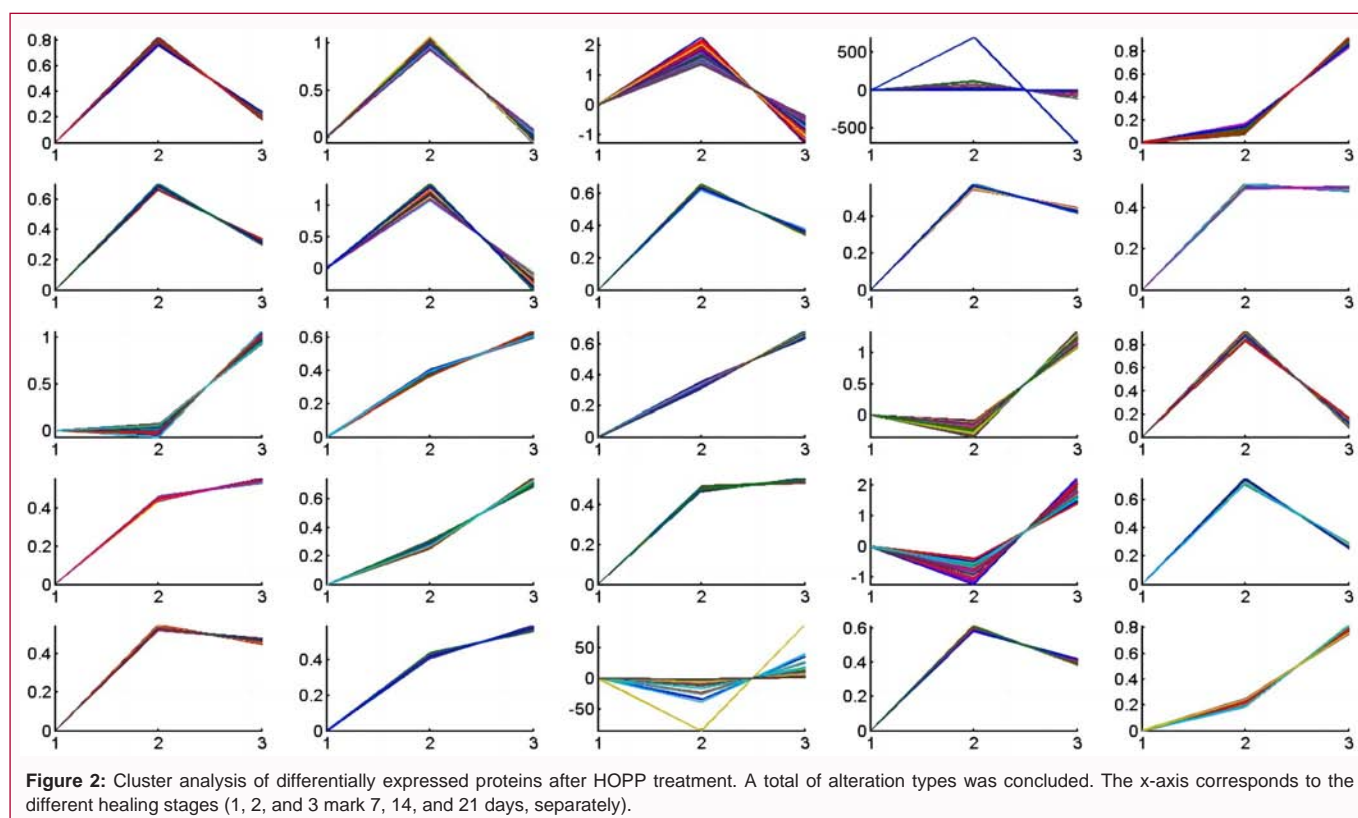
Cellular Component	P value	Top Hits
Cytosol	8.59E-69	1118
Cytosolic Part	2.33E-30	109
Mitochondrion	2.01E-28	1250
Mitochondrial Part	8.66E-25	515
Soluble Fraction	5.53E-24	298
Non-Membrane-Bounded Organelle	1.71E-23	1823
Intracellular Non-Membrane-Bounded Organelle	1.71E-23	1823
Cytoskeleton	3.33E-23	940
Pigment Granule	6.01E-23	73
Melanosome	6.01E-23	73



**Figure 1:** The proportions of differentially expressed proteins after HOPP treatment for different durations (7, 14, and 21 days).

be divided into three groups according to the change in expression during HOPP treatment: Continuously increasing expression, continuously decreasing expression, and fluctuating expression (Figure 2).

Gene ontology analysis was performed to annotate the function of proteins differentially expressed with HOPP treatment. All differentially expressed proteins were assigned to six functional



categories according to biological processes (Figure 3A), which included generation of precursor metabolites and energy, cellular carbohydrate catabolic process, carbohydrate catabolic process, glycolysis, muscle system process, and striated muscle contraction. The differentially expressed proteins also were assigned to 10 functional categories according to molecular function (Figure 3B), which included cytoskeletal protein binding, actin binding, nucleotide binding, calmodulin binding, motor activity, identical protein binding, fructose binding, purine ribonucleotide binding, ribonucleotide binding, and purine nucleotide binding. Moreover, the differentially expressed proteins were assigned to four functional categories according to cellular component (Figure 3C), which included contractile fiber, myofibril, contractile fibers, and sarcomere.

#### Pathway analysis of differentially expressed proteins after 7 days of HOPP treatment

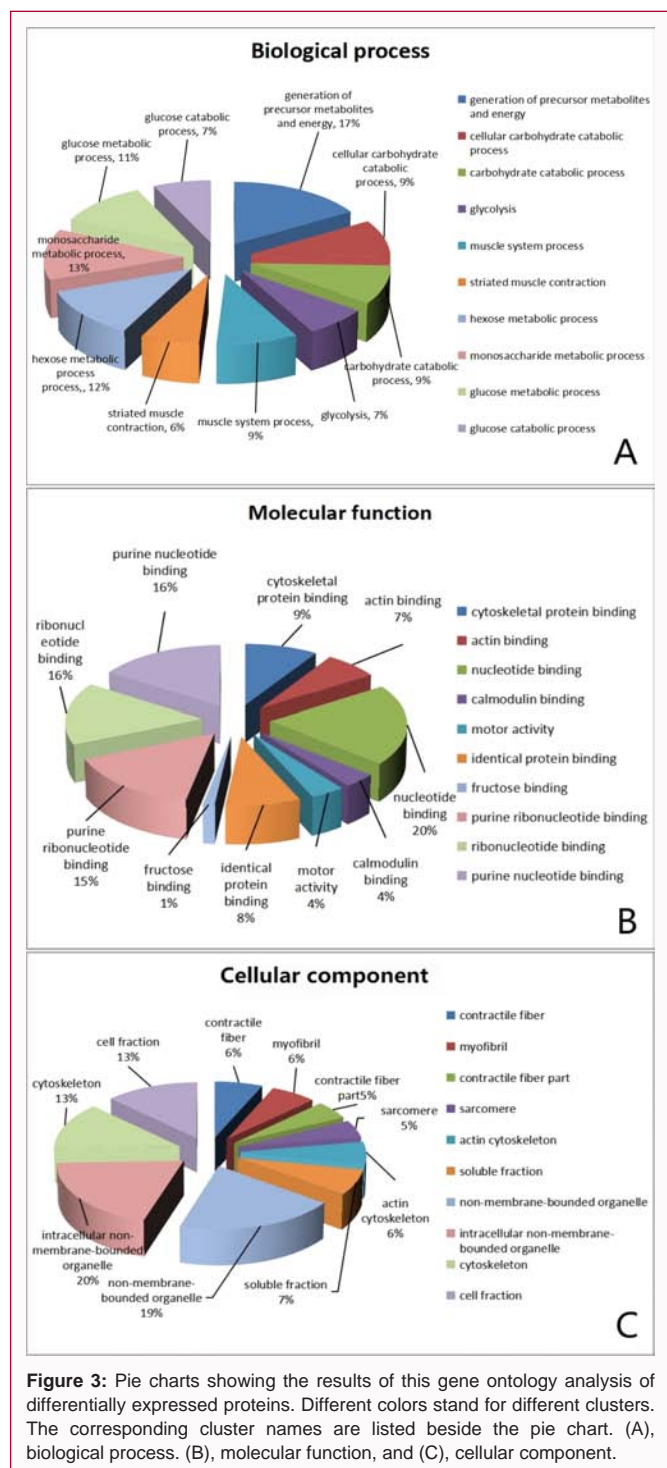
The pathways involving the proteins differentially expressed upon HOPP treatment were identified *via* IPA. As shown in Figure 4A, these pathways included calcium signaling, cellular effects of sildenafil, glycolysis I, protein kinase A signaling, tight junction signaling, Integrin Linked Kinase (ILK) signaling, epithelial adherens junction signaling, gluconeogenesis I, actin cytoskeleton signaling, and regulation of eIF4 and p70S6K signaling. Interestingly, it was the differentially downregulated proteins that mainly contributed to those pathways (Figure 4A). In addition, the differentially expressed proteins related to muscle contraction and  $\text{Ca}^{2+}$  signaling also were downregulated after 7 days of HOPP treatment (Table 3 and Figure 4B). We also analyzed the significantly enriched pathways and their crosstalk that involve the proteins differentially expressed after 7 days of HOPP treatment (Figure 4C).

#### Pathway analysis of differentially expressed proteins after 14 days of HOPP treatment

The proteins differentially expressed after 14 days of HOPP treatment were involved in the pathways of calcium signaling, ILK signaling, agranulocyte adhesion and diapedesis, actin cytoskeleton signaling, 3-phosphoinositide biosynthesis, cellular effects of sildenafil, epithelial adherens junction signaling, 3-phosphoinositide degradation, the superpathway of inositol phosphate compounds, and D-myo-inositol (1,4,5,6)-Tetrakisphosphate biosynthesis (Figure 5A). Notably, the differentially expression proteins related to muscle contraction and  $\text{Ca}^{2+}$  signaling that were downregulated after 7 days of HOPP treatment had begun to be upregulated (Table 3 and Figure 5B). Again, we analyzed the significantly enriched pathways and their crosstalk that involve the proteins differentially expressed after 14 days of HOPP treatment (Figure 5C).

#### Pathway analysis of differentially expressed proteins after 21 days of HOPP treatment

The proteins differentially expressed after 21 days of HOPP treatment were involved the pathways of hepatic fibrosis/hepatic stellate cell activation, asparagine degradation I, protein ubiquitination pathway, epithelial adherens junction signaling, protein citrullination, aldosterone signaling in epithelial cells, Cdc42 signaling, RhoGDI signaling, mitotic roles of polo-like kinase, and calcium signaling (Figure 6A). Moreover, the expression levels of most of the proteins related to muscle contraction and  $\text{Ca}^{2+}$  signaling that were differentially expressed at the earlier time points now showed almost no difference compared with the expression levels in the control tissue (Table 3 and Figure 6B). Finally, we analyzed the significantly enriched pathways and their crosstalk that involve the proteins differentially expressed after 21 days of HOPP treatment and found that the pathways enriched after 21 days of HOPP treatment were completely different from those enriched after 7 and 14 days of HOPP treatment (Figure 6C).

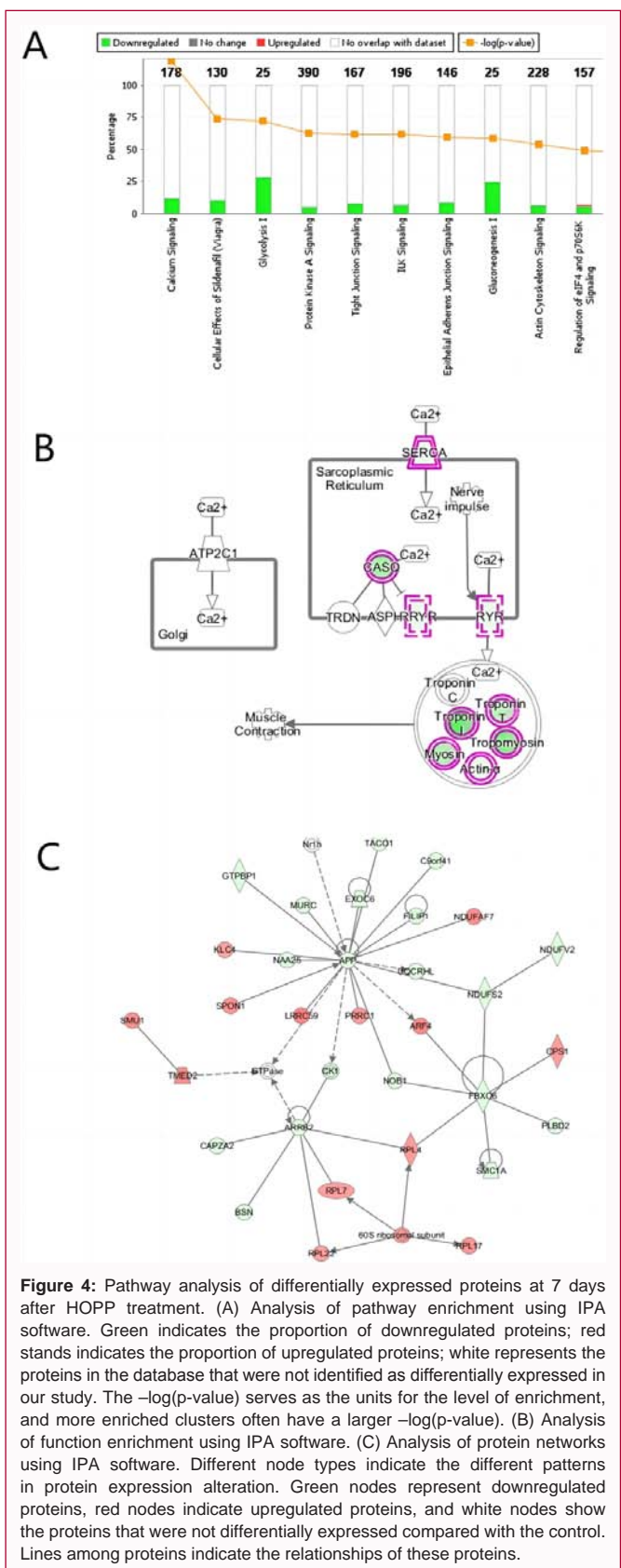


**Figure 3:** Pie charts showing the results of this gene ontology analysis of differentially expressed proteins. Different colors stand for different clusters. The corresponding cluster names are listed beside the pie chart. (A), biological process. (B), molecular function, and (C), cellular component.

### Discussion

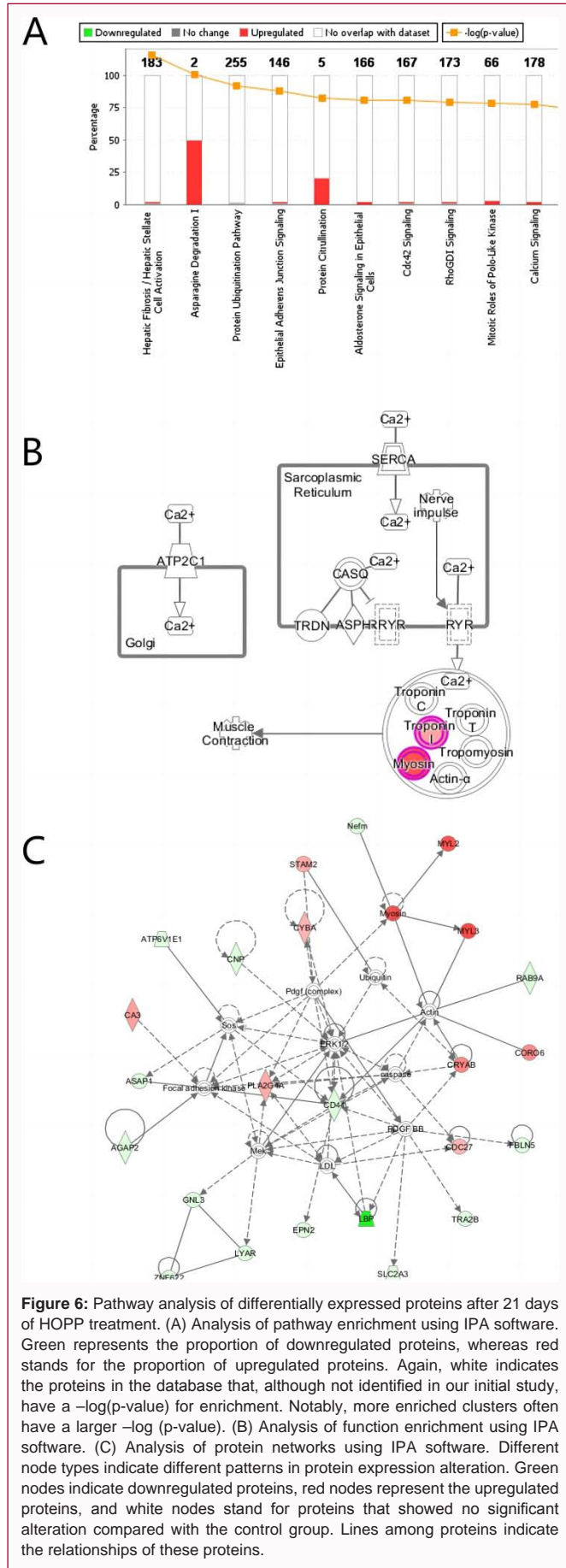
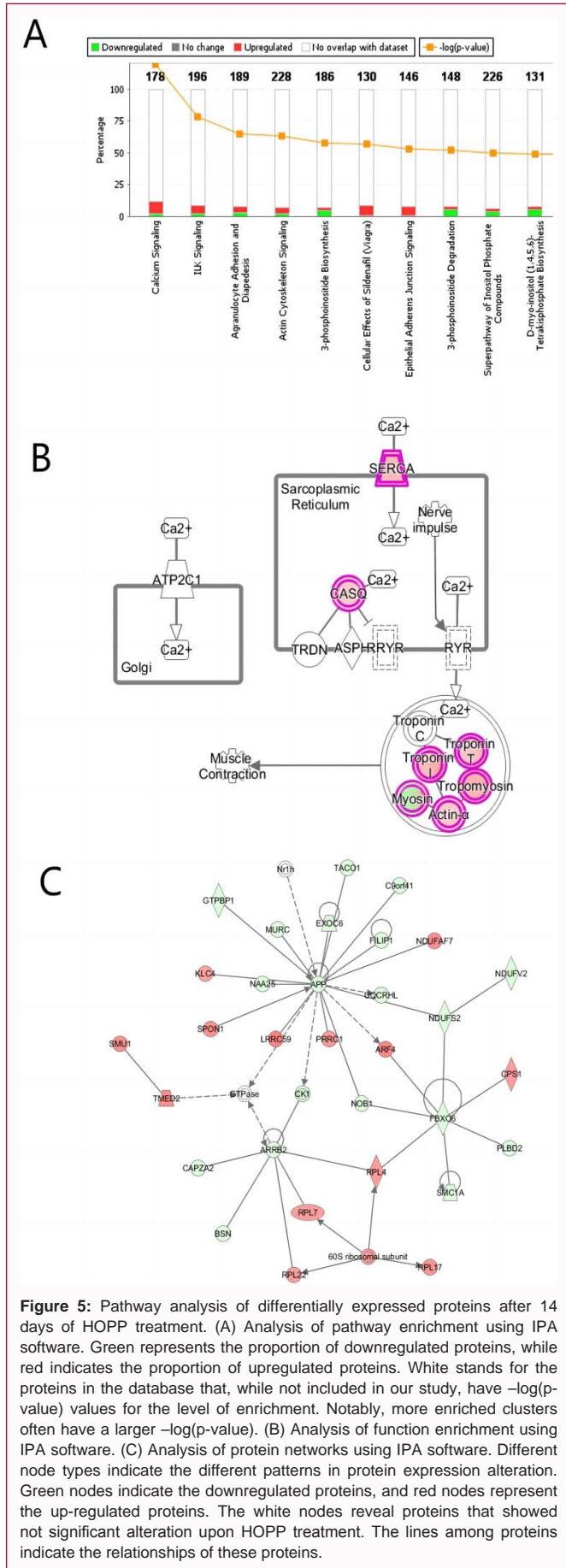
Proteomics analysis based on large-scale, high-throughput separation and analysis technology has been used to identify proteins differentially expressed in various orthopedic conditions [21,22,31-46]. In the present study, we used iTRAQ-labeling quantitative proteomics to identify proteins that were differentially expressed in synovial tissue samples from a rat model of ankylosis following HOPP treatment in order to gain insight into the therapeutic mechanism of HOPP in arthrofibrosis.

Analysis of the main differential proteins between the HOPP-



**Figure 4:** Pathway analysis of differentially expressed proteins at 7 days after HOPP treatment. (A) Analysis of pathway enrichment using IPA software. Green indicates the proportion of downregulated proteins; red stands indicates the proportion of upregulated proteins; white represents the proteins in the database that were not identified as differentially expressed in our study. The  $-\log(p\text{-value})$  serves as the units for the level of enrichment, and more enriched clusters often have a larger  $-\log(p\text{-value})$ . (B) Analysis of function enrichment using IPA software. (C) Analysis of protein networks using IPA software. Different node types indicate the different patterns in protein expression alteration. Green nodes represent downregulated proteins, red nodes indicate upregulated proteins, and white nodes show the proteins that were not differentially expressed compared with the control. Lines among proteins indicate the relationships of these proteins.

treated and non-treated ankylosis animal models showed that these proteins play a role in important biological processes related to sugar catabolism and protein transport (Table 1). Combined with the cellular distribution of these differential proteins by gene ontology



**Table 3:** Fold change in expression of proteins related to muscle contraction and Ca<sup>2+</sup> signaling at different time point after HOPP treatment.

Symbol	Exp Fold Change (7 Day)	Exp Fold Change (14 Day)	Exp Fold Change (21 Day)
ACTA1	-4.124	2.673	1
ATP2A1	-4.384	3.39	1
CALR	1	-2.01	1
CASQ1	-12.657	2.732	1
HDAC1	1	-2.246	1
MYH3	-4.716	3.894	1
MYH4	-6.003	3.863	1
MYH6	-6.42	4.214	1
MYH7	-8.567	4.062	1
MYH8	-5.169	4.299	1
MYH9	1	-2.07	1
MYL1	-10.417	3.428	1
MYL2	-6.356	2.365	4.786
MYL3	-8.415	2.959	5.127
TNNI1	-4.841	3.305	2.552
TNNI2	-19.637	5.047	1
TNNT1	-10.009	3.793	1
Tnnt3	-6.24	2.834	1
Tpm1	-15.631	3.761	1
Tpm2	-8.582	3.83	1

analysis, they were mainly localized in the cytoplasm, especially in mitochondria, and non-membrane-bound organelles (Table 2). These localizations are also consistent with the site where sugar catabolism and protein transport processes occur. We know that inflammatory response is the key pathological mechanism that causes joint and bone fusion. Macrophages are osteoclast progenitor cells and play an important role in bone resorption. They are present during the inflammatory phase of fracture healing in humans and animals and play a key role in initiating fracture repair [37]. Macrophages eliminate pathogenic microorganisms, cell debris and necrotic tissue, and induce inflammatory factors such as interleukin 1, post-injury interleukin 6 and tumor necrosis factor- $\alpha$  to initiate an inflammatory response. Intracellular metabolic changes activate macrophage function. M1 macrophages increase glucose consumption and lactate release, and decrease oxygen consumption rates. M2 macrophages mainly use the oxidative glucose metabolism pathway. In addition, fatty acid, vitamin, and iron metabolism are also related to macrophage polarization [38]. HOPP treatment inhibits sugar metabolism and protein transport in the early stage of bone repair, being beneficial to reducing local inflammatory response.

From the molecular function analysis of the differentially expressed proteins, the most enriched protein clusters were cytoskeletal protein-binding clusters, including actin-binding and nucleotide-binding proteins, which mainly associated with purine-related nucleotide binding and purine ribonucleotide binding (Figure 3B). Expression of actin cytoskeletal proteins is specifically expressed in fibroblasts and promotes the process of joint fibrosis [39]. Cellular component analysis of the differentially expressed proteins also showed that these differential proteins were involved in the regulatory functions of contractile fibers, myofibrils, contractile fibers and sarcomeres (Figure 3C). HOPP treatment may therefore

primarily affect functional clusters of fibrotic proteins to enhance joint recovery. Prine nucleoside phosphorylase converts guanosine to guanine, inosine to hypoxanthine, and 2'-deoxyguanosine to guanine, and results in the downstream formation of prooxidants and vasotoxicity of hypoxanthine and xanthine. In a study of treating sickle cell disease mice with 8-aminoguanine, a highly efficient purine nucleoside phosphorylase inhibitor, Tofovic et al. found that 8-aminoguanine treatment not only significantly alleviated anemia, but also significantly reduced left ventricular, right ventricular hypertrophy and hepatosplenomegaly. Pathological analysis showed that 8-aminoguanine significantly alleviated fibrotic damage [40]. Indeed, during HOPP treatment, many differentially expressed purine nucleotide-binding proteins and purine ribonucleotide-binding proteins were significantly altered, which may include purine nucleosides phosphorylase-related factors. It suggests that HOPP may support ankle joint recovery through its effects on purine nucleoside phosphorylase. In addition, we noticed that 4% of the significantly differentially expressed proteins belong to the calmodulin-binding proteins (Figure 3B), which are important for the function of mastocytes [41]. A previous study reported that mastocytes are associated with fibroblasts in arthrofibrosis. Clinical trials provided evidence that inhibition of mastocytes can efficiently reduce fibroblast proliferation [42]. Therefore, HOPP treatment may also influence calcium metabolism in mastocytes to reduce the proliferation of fibroblasts. The cellular component analysis (Figure 3C) showed that 17% of the differentially expressed proteins were located in fibers or fibrous parts, 19% of the differentially expressed proteins were cytoskeletal proteins, and 39% of the differentially expressed proteins were located in non-membrane-bound organelles. These data further indicates that a close relationship exists between HOPP treatment and the alteration of fibers, cytoskeletal structures, and non-membrane-bound organelles.

Recovery from fracture and ankylosis is long process. The analyses of pathway enrichment, protein cluster function enrichment, and the associated protein network provide valuable information for determining which protein clusters and pathways are responsible for the recovery and which proteins are key regulators or nodes for the processes involved in healing. On day seven after HOPP treatment, which may represent an early time point in the response to HOPP (Figure 4A), the data showed that most of the identified pathways, including calcium signaling, Integrin-Linked Kinase (ILK) signaling, and other proliferation-promoting regulatory pathways as well as the glycolysis I pathway, were downregulated. Calcium signaling is often a second messenger involved in neuronal transmission, fertilization, cell growth, neurogenesis, learning and memory, and salivation. It also participates muscle contraction, cell movement, apoptosis, and regulation of cytoskeleton [43-45]. ILK is reported to involve multiple cellular functions including cell migration, proliferation, and adhesion [46,47] Glycolysis process is involved in regulating pro-inflammatory responses [48]. Thus, down regulation of those pathways at 7<sup>th</sup> day after HOPP treatment is benefit for inflammation and fibrosis control.

In contrast to the results after 7 days of HOPP treatment, after 14 days of treatment, differentially expressed proteins related to calcium signaling, ILK signaling, and epithelial adherents junction signaling were upregulated. The reversal of these signal pathways may be a response of the body to balance the early HOPP's anti-tissue inflammation and anti-fibrosis effects. Indeed, by 21 days of HOPP treatment, these differences in signaling pathways disappeared, which

seems to support this hypothesis. After 21 days of HOPP treatment, most of the differential protein functional pathways that appeared after 7 to 14 days of HOPP treatment have tended to disappear. The main functional pathways were increased liver fibrosis/hepatic stellate cell activation pathway, downregulation of protein ubiquitination pathway, upregulation of epithelial adhesion junction signaling pathway, upregulation of epithelial aldosterone signaling pathway, and upregulation of Cdc signaling pathway (Figure 6). We note that Chen et al. found in their study of treating liver cirrhosis with Ganoderma Lucidum Polysaccharide (GLP) that GLP exerted an anti-fibrotic effect by inducing the activation of Hepatic Stellate Cells (HSC) [49]. Tripathi et al., in their study of Homocysteine (Hcy)-induced liver fibrosis in Non-Alcoholic Steatohepatitis (NASH), found that multiple liver proteins are ubiquitinated in NASH [50]. Downregulation of the protein ubiquitination pathway is beneficial to the anti-fibrotic process. On the other hand, the upregulation of the hepatic fibrosis, aldosterone signaling pathway [51], and the Cdc42 signaling pathway [52], in epithelial cells further promote the trend of fibrosis. This paradoxical regulation of fibrosis should depend on the ultimate balance between the two aspects of regulation. Elevated epithelial adherens junction signaling pathways may be related to tissue re-modeling during tissue repair.

Function analysis provided similar information to pathway analysis from another perspective. After HOPP treatment for 7 days, proteins related to calmodulin and muscle contraction were markedly downregulated (Figure 4B), whereas after 14 days of treatment, almost all of these proteins were upregulated (Figure 5B). Then after 21 days of treatment, the expression levels of these proteins in the HOPP treatment group were nearly the same at those in the control group (Figure 6B). These results suggest that, at the molecular level, HOPP treatment mediated highly dynamic changes in the expression of skeletal proteins to promote recovery from injury.

Network analysis further identified the key proteins involved in the ankylosis recovery process. From the network analysis conducted after 7 days of HOPP treatment (Figure 4C), we identified a potentially important regulatory network connecting energy metabolism, gene expression, cytoskeletal regulation, signal transduction, and collagen degradation. In this network, dynamic alteration of myosin leads to alteration of the cytoskeleton and thereby inhibits the motility of fibroblasts [53]. In addition, the ERK1/2 signaling pathway may play an important role in early recovery processes by inducing the upregulation of Matrix Metalloproteinases (MMPs), which can degrade collagen [54], involving in cell motility. Essentially the same network was identified after both 7 and 14 days of HOPP treatment (Figure 5C), and at this stage, alteration of ATPase could be involved in both ATP synthesis and dynamic changes in myosin [55]. This would lead to not only the cytoskeletal changes, but also decreased energy metabolism, which results in the inhibition of fibroblast proliferation and motility. ATPase alteration and the ERK1/2 signaling pathway may act in combination to regulate the expression of MMPs and HMMR and support recovery from arthrofibrosis. After 21 days of HOPP treatment (Figure 6C), although the key factors in arthrofibrosis, such as collagen proteins, were not changed, two key cell cycle regulators, CSNK1G2 and PELO, were identified as significantly upregulated. Both CSNK1G2 and PELO can activate the cell cycle process and are related to collagen proteins under the mediation of Polyubiquitin C (UBC) [56]. These findings indicate that HOPP treatment may lose efficiency over time, and arthrofibrosis affects essentially all biological processes.

## Conclusion

Based on the results discussed above, we propose a possible potent mechanism for the effects of HOPP treatment on ankylosis. HOPP treatment may involve various metabolic pathways to inhibit myosin-related cytoskeletal regulation to reduce the size of developing fibroblasts and promote fibroblast-populated collagen lattice contraction, limit calcium metabolism to control the proliferation of mastocytes, and deactivate energy metabolism processes to prevent cell cycle progression.

Our results provide further insight into the effects of HOPP in the healing of arthrofibrosis and tendon adhesions. We also identified some specific key regulators of arthrofibrosis, the cell cycle activator/regulator CSNK1G2 and PELO. Pathways related to the phosphatases, energy metabolism, calcium metabolism, myosin protein groups, and MAPK signaling pathways represented the most of the networks in our study. Thus, the HOPP-induced healing responses and the arthrofibrosis development processes are closely related to the protein phosphorylation system, which provides a new view for studies of HOPP. Moreover, many phosphorylated proteins may play critical roles in the HOPP-induced responses.

## Ethics Approval and Consent to Participate

All protocols involving animals were approved by the Animal Ethics Committee of The First Teaching Hospital of Xinjiang Medical University (No: A-20080114012). All applicable international, national, and/or institutional guidelines for the care and use of animals were followed.

## Availability of Data and Materials

The datasets generated and analyzed during the present study are available from the corresponding author on reasonable request.

## Authors' Contributions

JJ and BQ: apply for and obtain a research project, designed all of the investigation, data analysis and modify the manuscript;

XM and AA: provided bioinformatics analysis of the quantitative proteomic data assistance;

AA and XX: apply for research project;

NS and TT: making horse oil;

DB and ZY: animal model making, animal experiment;

TJ and YA: contributed to interpretation of the data and analyses.

AJ: provided bioinformatics analysis of the quantitative proteomic data assistance and apply for research project;

AW: making horse oil, animal model making, and animal experiment.

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