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# Highlights of Recent Advances of Internal and Emergency Medicine

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# **Editorial**

Internal and emergency medicine is the central axis of the medical and health sciences. Its rich history and the specific features make it an important part of medicine today. Internal and emergency medicine physicians are specialists who apply scientific knowledge and clinical expertise to the diagnosis, treatment, and compassionate care of adults across the spectrum from health to complex illness. Appropriate and early diagnosis; and management of health problems in this medicine reduces the agony, rates of morbidity, mortality and the costs by preventing the complications of diseases and other health problems. As medicine advances and becomes more chaotic, general internal and emergency medicine must adapt to it, while remaining true to its strengths, core values and competencies. Strong emphases on quality outcomes and both primary and secondary preventive services mark its field. Research agenda should also follow general internal medicine's paradigm shift, testing the new care models we propose and aim to improve the practice of our field and of medicine as a whole. New methods are needed to measure and improve the quality of care in terms of effectiveness, efficiency and cost reduction by using the information in increasingly available electronic medical records. It is devoted to serving the internal and emergency medicine community and to promote the standards of training, diagnosis, patient satisfaction and care in this rapidly growing field. Research needs to be conducted on planning, organizing and managing the Outpatient Department (OPD), Inpatient Department (IPD), emergency, Intensive Care Unit (ICU) and operation theatre of a hospital. Day to day a lot of research is going on in the internal and emergency medicine.

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