Epulis Fissuratum

Acevedo Ocana R1, Amez Descalzo S1, Cortes-Breton Brinkmann J2*, Delgado Gregori J1 and Sanchez Jorge MI1

1Department of Oral Surgery and Implantology, Alfonso X El Sabio University, Spain
2Department of Oral Surgery and Implantology, Hospital Virgen de la Paloma, Spain

Clinical Image

A female patient aged 78 years attended the clinic pertaining to the Master’s Program in Oral Surgery, Implant Dentistry, and Periodontics at the Alfonso X El Sabio University (Madrid, Spain), presenting a tumor over the mandibular alveolar ridge at the midline (Figure 1). The patient did not report any family or personal antecedents of relevance. The development of the tumor appeared to be related to recent rehabilitation with implant retained overdentures retained with locator attachments (Figure 2).

During intraoral exploration, a pedunculated lesion was found of fibrous consistency and whitish color with an ulcerated surface, which the patient found painful during function. It was decided to perform excisional biopsy.

After obtaining informed consent from the patient, local anesthesia was applied with a supraperiosteal and perilesional infiltration technique, excision of the lesion by cold knife cone technique was performed, followed by cauterization with an electric scalpel (Figure 3 and 4). The sample was placed in a 10% formal saline for histopathological analysis.

The anatomopathological report described the entity microscopically as a lesion with densely fibrous paucacellular connective stroma around a vascular axis. The polypoid structure showed a covering of non-keratinized mature squamous epithelium. No signs of malignancy were observed. The pathologist’s diagnosis was of traumatic (fibroepithelial polyp) fibroma/epulis fissuratum.

The prosthesis was adjusted immediately, loosening the vestibular skirt and shortening the vestibular labial frenum to avoid trauma in the area of the lesion. The patient returned for check-
ups 7 days, 15 days, and 30 days after surgery to monitor healing and the evolution of the wound and thereafter 3 months, 6 months, and 12 months later to check for relapse.