



## Stimulation of Ear Lobule with High Frequency Vibration which Induce Rapid Inhibition of any Cancer Activity Including Advanced Terminal Cancers, Most Malignant Brain Tumor (Glioblastoma) as well as Cancer of Lung, Breast and Gastrointestinal Cancers Particularly Pancreatic Cancer

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### Commentary

While a visiting Professor at the University of Paris, VI (formerly Sorbonne) more than 40 years ago, the Author became very good friends with Dr. Paul Nogier who periodically gave seminars and workshops in Paris. After the author diagnosed his cervical problem and offered him simple help, Dr. Nogier asked the Author to present lectures and demonstrations on the effects of ear stimulation, namely the effects of acupuncture and electrical stimulation of the ear lobules. It is only now; in 2019 that we have discovered 1 min high frequency stimulation of the ear lobule inhibits cancer activity for 3 h to 5 h post stimulation. Although the procedure is extremely simple, the results are highly significant and worth further investigation. Procedure occurs as follows; first take optimal dose of Vitamin D3, which is the most essential 10 unique beneficial factors required for every human cell activity. Next, high frequency stimulation of ear lobule while ear lobule is held by all fingers with vibrator directly touching the surface of the ear lobule is conducted while patient repeats optimal dose of Vitamin D3 in addition to Vitamin B1 (Vitamin B1 which acts synergistically, producing maximal beneficial effect of Vitamin D3). Findings suggest that when the ear lobule is held between the fingers behind the ear lobule and experiences electrical stimulation of 250~500 electro-mechanical vibration/second via an electrical vibrator there is rapid disappearance of cancer activity in both the brain and rest of the body. As of May 2019, the Author found many people from various regions of the world developed early stages of multiple cancers. Assessments for this study using the US. Patented Bi-Digital O-Ring Test (BDORT) which was developed by the Author while he was doing his Graduate experimental physics research. It was found to be more essential for determining the beneficial effects as well as harmful effects of any substance or treatment. Using BDORT Author was first to recognize severe increasing backache was an early sign of pancreatic cancer of President of New York State Board of Medicine, as the BDORT showed early stages of cancer whereas X-ray of the pancreas did not show any image until 2 months later. Optimal dose is the minimum amount of a substance that creates a highly beneficial effect in the body. Therefore, optimal dose is highly beneficial within small amounts. Drugs themselves also have an optimal dose; as such Physicians should know the specific optimal dose of each medication. Unfortunately, one usually does not know the optimal dose and how much of the optimal dose you can eat without creating life-threatening adverse effects. For example, the optimal dose of the banana is usually about 2.0 mm to 2.5 mm cross section of the banana. However, most individuals do not know what the optimal dose of the banana is. Whole banana is more than 50 times the optimal dose of what is actually required. Any substance eaten in more than 25 times of its optimal dose becomes highly toxic and creates DNA mutations which can cause multiple malignancies in the presence strong electro-magnetic field. Alternatively, what is the optimal dose of antibiotics in small children? Often pediatricians know that dose proportional to body weight of children is usually ineffective; however this is because effective dose is much larger than adult dose. Further, what is the optimal dose in overweight physically inactive individuals? These 2 examples clarify the importance of optimal dose. For the small child, we examine finding the optimal dose of medication including antibiotics. According

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to the widely used practice in medicine, dose is given as an amount proportional to body weight and therefore children's optimal dose is always smaller than adult and is often ineffective. However, in reality this is quite different. When we examine optimal dose using BDORT which is the most reliable method of estimating beneficial effects as well as adverse effects, we find that optimal dose for the active child is much greater than what is estimated from children's body weight and we found that the actual optimal dose for a child is often more than 2 times the adult dose. Meanwhile, doctors prescribe medication for high blood pressure, high blood sugar in doses proportional to body weight, this incorrect practice is maintained even in overweight persons (>300 pounds) with extremely high bodyweight's who are usually less active than the average adult. Optimal dose determined by BDORT indicates however, this group requires a dose much less than the average adult and therefore the dosage they are prescribed are overdosed and highly toxic. Only when medication is reduced or stopped do patients experience beneficial effects. With standard medication given by doctor, patients often become sick and they are unable to reduce body weight, unless medication is reduced or completely stopped.

The importance of optimal dose of Vitamin D3 does not stop here. Our further study indicates other significant associations between Vitamin D3 and its effect on longevity. When Author examined his own Sirtuin 1 level, the longevity gene which mainly exists in the hippocampus area of the brain where memory takes place. Although Author's Sirtuin 1 concentration is more than 20 picograms, when he takes optimal dose of Vitamin optimal D3, it goes up to over 100

picograms which is equivalent to more than several hundred years old hopefully with some improved memory. When Sirtuin 1 is about 20 picograms we found most people lived up to 100 years old and had Sirtuin 1 levels of approximately 15 picograms to 20 picograms. When the Author regularly stimulate by optimal dose of Vitamin D3, Sirtuin 1 often increases to 50 or 100 picograms which is equivalent to an increase in lifespan to 500 to 600 years old indicating significant increase in longevity. The average person with the average longevity gene of less than 5 picograms by taking optimal dose of Vitamin D3 longevity gene often increase to close to 15 picograms to 20 picograms which means the person's lifespan is probably increased close to 100 years old. The length of the telomere before Author took optimal dose of Vitamin D3 is often less than 50 ng or 100 ng. After optimal dose of Vitamin D3 is taken, not only does the longevity gene significantly increase, telomeres also significantly increases anywhere between 500 ng to 1500 ng. Similarly, we find this in the average adult. Average persons like my young female assistant, have a longevity gene less than 1 ng however after taking optimal dose of Vitamin D3 it increased to more than 5 ng. We found that the majority of people have Sirtuin 1 levels between 0.5 picograms to 1 picograms. But taking optimal dose of Vitamin D3 increases this amount to more than 5 picograms within 5 min. President Trump has less than 1 picogram of Sirtuin 1 in the brain however if he takes optimal dose of Vitamin D3 he can increase this to more than 5 picograms. Both Physicians and patients should be aware of the importance of optimal dose of Vitamin D3 which not only increase the longevity gene but also inhibit cancer activity in cells.